



Report for Los Altos Rotary World Services Committee on distribution of *Save a Girl* kits Bukoba, Tanzania March 3, 2021

OVERVIEW

On January 20th, 2021, TGUP distributed 500 *Save a Girl* kits to girls at the Josiah Girls' School in Bukoba, Tanzania. The distribution was conducted with the assistance of Dr. Eunais



Ntangeki and the staff of the Bukoba Health Center. The distribution was conducted in 2 shifts. The morning shift included 236 girls. The afternoon session had 212. The remaining 52 kits were left in the custody of the school's headmistress for distribution to girls who were unable to attend that day, and for replacements.

The 500 *SaG* kits, and the shipping charges, were funded by a combination of donations from several organizations.

They include: Los Altos Rotary, \$970; OliveSeed Foundation, \$500; The Village Link, \$500, one anonymous individual, \$1,200; and TGUP, \$185; for a total of \$3,355.

BACKGROUND

Save a Girl (SaG) is one of The Global Uplift Project's most essential and successful projects. TGUP operates sewing centers in Nyeri, Kenya, and in Dang, Nepal. The one in Kenya is run by Kiini Sustainable Initiative, TGUP's NGO partner in Kenya. The center sews TGUP's *SaG* sanitary kits for distribution to girls in Kenya and Tanzania. It also makes cloth COVID masks for distribution in Kenya and Tanzania.



Each *Save a Girl* kit includes two waterproof shields, eight absorbent pads that can be interchanged to the shield, a discreet carrying bag, a large bar of soap, and a waterproof pouch to hold used pads until they can be washed, dried, and reused. Properly cared for, a *SaG* kit lasts

for three years. A kit costs approximately \$6.00 to make (\$5.87) but is provided free of charge to the girls.



The kits are given to adolescent girls from ages 12 to 18, and sometimes to others who are older. They are usually distributed in a school setting, with education provided by female teachers and Kiini specialists on menstruation, female biology, sex education, and care and use of the kits themselves. For many girls, these sessions will be the only time in their lives that they receive informed, compassionate, helpful education on the life changes they are going through.

The kits themselves are, in many cases, life savers for the recipient girls.

When girls begin menstruation, they typically begin missing a week of school per month. Most of the girls in Tanzania cannot afford commercially available products to help manage their periods, and resort to local, traditional means, including dried leaves, corn husks, dried animal dung, used rags, etc. These are not nearly effective enough to enable girls to be able to attend school. Eventually, many of them fall so far behind that they are forced to drop out. Their options are bleak, and worse.

Without caring adults around to protect them, girls become prey to sexual predators. Some take work as domestic servants or in the fields, some are forced to become child brides. Some are sold into the sex trade. In no cases, are adolescent dropouts able to finish their schooling, so they cannot realize their human potential. This is what TGUP's **SaG** is intended to do: enable girls to finish their schooling so they can better realize their human potential.



SUMMARY

Now, almost 19,000 **SaG** kits have been distributed in the Kenya and Tanzania areas. These have been gratefully received and will make a positive impact in the lives of the recipient girls. TGUP's standard **SaG** curriculum was administered to every recipient girl, ensuring they knew how to care for the kit and better knew the particulars of female biology and menstruation.

We are thankful for the support that has made this set of distributions possible. It is impossible to overstate the difference that being able to stay in school makes in the life chances of an adolescent girl, especially in the developing world. It is profound, endures for her entire life, and is passed on in the care she is able to provide to her children. It literally ripples into eternity.

Date money sent	Date kits distributed	Money sent	# Kits Ordered	Destination	# Kits Distributed	# Kits Available
2017						
8/7/2017		\$1,600	250			250
	9/8/17			Nyeri Farm	20	230
	9/8/17			Sunrise Tetu	40	190
	9/8/17			Eucarbet Academy	30	160
	9/8/17			Jikaze women in slums	20	140
	9/15/17			Ngungu Secondary School	80	60
	9/15/17			Gikumbo Primary	30	30
	9/15/17			Mwea Bright Star	30	0
10/6/2017	10/18/17	\$640	100			100
	10/9/17			Nyeri Farm	20	80
	10/31/17			Kihatha Primary	40	40
	10/31/17			Bonde Women	40	0
Totals		\$2,240	350		350	
2018						
1/20/2018		\$690	100			100
	2/31/18			Gachika	100	0
3/17/2018		\$2,250	300			300
	3/21/18			Kiganjo	88	212
	3/28/18			Itara	105	107
	3/28/18			Irembu	107	0
4/2/2018		\$2,975	500			500
	5/24/18			Irembu	70	430
	5/24/18			Nyeri Farm	30	400
	5/24/18			Kihuyo	100	300
	5/24/18			Iriani women	20	280
	5/24/18			Kihatha	30	250
	5/30/18			Eucarbet	60	190
	5/30/18			Gikumbo	40	150
	5/30/18			Kaganjo	150	0
8/30/2018		\$1,050	210			210
	9/21/18			Naro Moru	210	0
10/28/2018		\$2,100	400			400
Totals		\$9,065	1510		1,110	
2019						
	1/10/19			Deb Muslim Primary	178	222
	1/10/19			Thaiti Primary	85	137
	1/10/19			Ngandu Primary	60	77
	1/11/19			Githwariga	77	0
1/11/2019		\$1,600	300			300
	2/9/19			Thika Prison	300	0
2/19/2019		\$2,000	400			400

	5/5/19			Kirichu	110	290
	5/5/19			Karima	32	258
5/6/2019		\$1,050	200			458
	5/14/19			Thaiti	55	403
	5/23/19			Mugunda Primary	97	306
	5/23/19			Githura Primary	102	204
	5/23/19			Mugaka Primary	95	109
	5/28/19			Nyeri small business ladies	34	75
	6/3/19			Sirima Primary School	33	42
				Mukurweini	67	-25
				Muhoya	84	-109
5/29/2019		\$2,050	400			291
	6/24/19			Kabendera Primary School	131	160
	6/28/19			Sirima Primary School	55	105
	6/28/19			Muthangira Primary	6	99
	7/2/19			kirichu women	15	84
7/19/2019		\$1,500	300			384
	7/29/19			Githage Day Sec School	50	334
	7/31/19			Ramuria Primary School	89	245
	7/31/19			Tharua Primary School	106	139
	7/31/19			Muthangira Primary School	49	90
	8/3/19			Little sisters children Home	91	-1
8/2/2019		\$2,000	400			399
	8/15/19			Mara Camp Foundation	6	393
	9/12/19			Shining Star	65	328
	9/12/19			Tambaya market ladies	45	283
	9/12/19			Tambaya Primary School	147	136
9/12/2019		\$2,500	500			636
	10/3/19			St Anne- Githunguri Girls	220	416
10/1/2019		\$2,500	500			916
	10/18/19			Nyaribo Mixed Secondary	123	793
	10/18/19			Gaikundo Primary	121	672
	10/18/19			mothers	73	599
	10/18/19			Gaikundo Sec School	134	465
11/15/2019		\$2,500	500			965
12/9/2019		\$2,500	500			1,465
Totals		\$20,200	4000		2,935	
2020						
1/13/2020		\$3,500	700			2,165
	1/29/20			Kingongo Primary	167	1,998
	1/29/20			Chania Primary	87	1,911
	1/29/20			Kirimara Primary	85	1,826
	1/29/20			Hill Farm Primary	102	1,724
	1/29/20			Muringato Primary	75	1,649
	3/6/20			Rware High School	405	1,244

	2/26/20			Mugumo girls	915	329
	2/26/20			Rukenya Mixed	325	4
2-20-20		\$4,000	800			804
				Kiahuko Primary	108	696
				Mugunda	421	275
3-18-20	for 1000 kits	\$2,500	1000			1,275
				St Georges sec	333	942
				Kimunyuru		942
				Gatarakwa girls		942
				Gatunguru sec		942
	4/28/20			Majengo Slums	50	892
	4/29/20			Majengo Slums	216	676
	5/3/2020			Majengo Slums	133	543
	5/20/20			Hosannah children home	50	493
	5/28/20			Chania Village	150	344
6-20-20		\$2,500	500			844
	7/1/2020			Gathehu location(Giakaibei)	465	379
	7/1/2020			Gatuanganga	68	311
	8/18/2020			Amboni - Mweiga	185	126
	8/28/2020			Nyeri - Full Gospel Church	126	0
	8/29/2020	\$5,000	1000			
	9/15/2020			Embaringo - Kiamunyiru village	283	717
	9/17/2020			Honi Sublocation	485	232
	9/17/2020			Goa Kieni west children home	43	189
	9/20/2020			Kiawara single young mothers	52	137
9/22/2020		\$5,000	1000			1,137
	9/23/20			Kimani's Compound	200	937
	9/25/20			Primary School compound	450	487
	10/3/20			School compound	213	274
	10/17/20			community open field	238	36
10-22-20		\$2,500	500	Solio Ranch village 6		536
11-1-2020		\$2,500	500	Solio Ranch village 5		1,036
	11/6/2020			Schools	127	909
	12/3/2020			compound	900	9
12-5-20		\$5,000	1000			1,009
	12/13/20			Kigumo Catholic Parish, Othaya	235	774
	12/19/20			Endarasha village	505	269
12-17-20		\$2,500	500			769
	12/22/20			AIC Thiririka, Kinale Church	217	552

	12/23/20			place	515	37
12-22-20	1/27/2021	\$900	170	Mwihoko School	136	71
Totals		\$35,900	7,670		9,065	
2021						
1-16-21		5000	1000			1,071
2-4-21		2500	500			1,571
	2/12/2021			Mweiga	366	1,205
	2/12/2021			Kiguru Primary	231	974
	2/18/2021			Kihuyo Secondary School	120	854
	2/20/2021	3,355	500	Delivered to Tanzania, Bukoba	500	354
	2/25/2021			Amboni Primary School	325	29
3/1/2021		3,820	764	Mwihoko	764	29
3/13/2021		135		Mwihoko extra shields		
4/16/2021		2,500	500			529
	5/2/2021			Mweiga slum at KAG Church	232	297
	5/8/2021			Kiamuiru Catholic Church	354	-57
5/9/2021		5,500	1,100			1,043
6/1/2021		5,000	1,000			2,043
	6/2/2021			Ngaini Secondary School	184	1,859
	6/2/2021			Ngaini Primary School	158	1,701
	6/2/2021			Kiangi Primary	113	1,588
	6/2/2021			Pemuga Primary	82	1,506
	6/2/2021			Gachuiro Primary	152	1,354
	6/23/2021			Mweiga Primary	772	582
	6/23/2021			DEB Solio Secondary School	386	196
	Grand total	95,215	18,894		18,199	