



This year is off to a great start, with 15 projects already completed! We're targeting 75 for the year. Read on to see what we've been up to.

Save a Girl Kits Distributed in India

TGUP and its partners have made and distributed more than 30,000 *Save a Girl* kits in nine countries. The washable, reusable kits allow adolescent girls to manage their periods so they can stay in school. They cost \$6 to make (but are free to the girls) and last three years.



We just distributed our first *SaG* kits to girls in India. We made 400 kits at our Sewing Center in Dang, Nepal. They were funded by Los Altos Rotary Club in California. We shipped them to Dharamshala in India where they were distributed to local girls by members of the Dharamshala Rotary Club.

UNICEF estimates that more than 20,000,000 girls drop out of school every year because they cannot manage their period. It's probably the greatest *preventable* loss of human potential in the world. *Save a Girl* is an effective, inexpensive way to address this human tragedy.

TGUP in Kiwanis Magazine

The Global Uplift Project was featured in the January-February edition of [Kiwanis Magazine](#). The six-page, full color spread highlighted TGUP's work with Kiwanis Division 44 clubs in California to build the La Quebradita classroom in Nicaragua. It was the first classroom, ever, for the village. The magazine goes to

600,000 Kiwanis members worldwide.



New *Save a Girl* Sewing Centers in Nepal

Three years ago, we opened a *Save a Girl* Sewing Center in Nepal. This center has sewn and distributed more than 150,000 TGUP-designed COVID masks, thousands of *Save a Girl* Kits, and clothing for all ages that is sold in the local markets. It has been so successful we are now spawning four new satellite Centers in Madhakupur, Holari, Gadwa and Bhulabang.



Most of the seamstresses are from the *Dalit*, or Untouchable class. This is often the first paying job they have ever had. Besides the dignity of being able to support themselves, they are thrilled to be able to help the girls in their communities. Some of the seamstresses are so eager, they are working by flashlight to hone their skills. Many thanks to the Sumar Lakhani Foundation for funding the new sewing centers!

Water System in Kenya



Working with Granite Bay (Sacramento) Rotary, TGUP helped plumb the Kiahuko Primary School in Kenya to both collect and save water. The school has 454 students and 12 staff members. Kenya is suffering a decades long drought, so water is life. Thank you Granite Bay Rotary!

San Antonio, Nicaragua

Last year, we built a classroom for the children of San Antonio, Nicaragua. The students at Gahr High School in Cerritos, CA wanted to do more for the children of that small, and very poor village. They raised funds so that we could build a playground. They were so successful, we were also able to build a community baking center with a work area.



The baking center has a large metal canopy to protect the bakers and the kiln from the elements. The women can now bake for their families, and also make baked goods to sell at the local market. This enables them to earn money to help support their families who struggle to provide food and basic goods. Thank you Gahr students for making such a difference in the lives of the people in San Antonio!

Calculating TGUP's Impact

The Global Uplift Project's model is so simple: Everybody gives just a little bit and we use all of that money to help the poorest people in the world help themselves. Does it work?

We've updated our model for calibrating TGUP's impact. You can see it by [clicking here](#). We use person-years as the common metric across all projects. TGUP projects either reduce suffering or improve opportunity for the recipient

populations.

Estimation Model for TGUP Project Impacts: to-date; and over projects' expected lives								
Year	Country	Project Title	Project Label	# Helped/ year	Years in Use	# Helped to-date	Years of Expected Life	Total helped over life
Current year is:	2022							
2007	Kenya	Naro Moru	Classroom	150	15	2,400	40	6,000
2008	Nepal	Dasinghe School	Classrooms	105	14	1,575	40	4,200
2008	Multiple	Bicycles	School Transportation	452	4	6,768	4	1,808
2008	Malawi	Manyasa Primary School	Desks	120	14	1,800	30	3,600
2008	Kenya	Cows for Orphans	Nutrition	120	14	1,800	8	960
2008	Nepal	Piglets for Girls	Assistance	20	1	20	1	20
2008	China	Earthquake Relief	Assistance	1,500	1	1,500	1	1,500
2008	US	Food Bank	Nutrition	2,000	1	2,000	1	2,000
2008	Malawi	Manyasa Village School	Shoes	250	3	750	3	750
2008	Kenya	High School Students	Calculators	350	2	700	2	700
2009	Indonesia	Bunga Village	School	60	13	840	40	2,400
2009	Kenya	Ngania School	Classroom	100	13	1,400	40	4,000
2009	Kenya	Muretu School	Classroom	60	13	840	40	2,400
2009	Kenya	Kiini Secondary School	Latrines	160	13	2,240	15	2,400
2009	Nicaragua	San Martin School	Classroom	50	13	700	40	2,000
2010	Malawi	Manyasa School	Classrooms	100	13	1,300	40	4,000
2010	Haiti	SCF/DEP Cistern	Water	550	13	7,150	20	11,000
2010	Indonesia	Manika Village	School	60	13	780	40	2,400
2011	Kenya	Gakawa School	Classroom	80	12	960	40	3,200
2011	Nicaragua	Santa Isabel School	Classroom	30	12	360	40	1,200
2011	Kenya	eCardens Laptops	Agriculture	42	5	210	5	210
2011	Nicaragua	Montegrando School	Classroom	100	12	1,200	40	4,000

Bottom line: Our **225 projects-to-date** have helped almost **700,000** of the poorest people in the world have a slightly better chance in life. Over their expected lives, for example, with structures, which last for 30 years, these projects will help more than **1.4 million** people. TGUP works. And, we're just getting started.

Final Word

It's so easy to feel overwhelmed by the world, and retreat into passivity, or acquiescence, or worse, impotence. We forget just how much power we actually have to make the world better. The above is the proof.

What we need is clarity about two things:

- What is it we want?
- How do we begin?

What we want are community, growth, and purpose. In community, we help each other. We're bigger when we help others, aren't we? That's what communities do. And when good acts are honored, they spread. That's how communities grow.

As for purpose, we could do a lot worse than starting this cycle so it grows and spawns that better world we're all longing for and the bigger person inside we're all hoping for.

How, then, do we start?

We begin with small acts. They are easy to carry out but, combined, have a big impact. Soon, our power grows. We *can* make a better world. Nobody says it's easy, or fast. But it unquestionably works. Indeed, it's the only way better worlds have ever happened.

Our motto says it all: "Even the greatest waterfall starts with a single drop of water." YOU are one of those drops. Of course, we *do* have to intend. We *do* have to choose. And we *do* have to act. But those things — intention, choice, action — are what make us consummately human.

This is who we are, and who we are meant to be. Humans, creating the better world we all long for. Please join us.

TGUP

Donate

The Global Uplift Project
tgup.org

4164 Stanford Way
Livermore, CA 94550

100% of all donations are tax deductible

[Click here](#) to add us as your Amazon Smile Charity!
There is no cost to you!

